

**International Study Seminar of
the Church and Sport Section:
“Coaches: educating people”.**

14-15 May, 2015

Villa Aurelia– Rome

Coaches: A mission toward social inclusion



The education of coaches for the development of the people



FUTURE IN YOUTH

Australian Catholic University



Sandy Allen-
Craig

FLY is a capacity building program which uses sport to help build wellbeing and life skills for the people of Baucau - Timor Leste



FIY engages and educates volunteer coaches, to promote key messages of health, wellbeing and life-skills



1. Coach Education for volunteers in the community
2. Sport Education for youth engagement



Over the past 5 years approximately
4500 youth and 250 volunteer
coaches have participated in FIY



Timor Leste



Timor Leste

- Gained independence in 2002
- During the struggle for independence most infrastructure destroyed, (1999)
- 95% of schools were destroyed in 1999
- 53% of its population is under the age of 18

Timor Leste

- 37% of its population lives below the poverty line
- 50% of its population is illiterate
- 40% of the population is malnourished .
- Life expectancy at birth is 62.5 years.

Outbreaks of violence



Sport to engage the youth



Engaging and training Coaches



Fun

Fair

Respect



Coach Training



Personal Leadership Skills



Group Management Skills



Skills and Drills



Skill Progressions and Minor Games

