How to organise and run a training program



Teaching and Demonstration Skills



Professional Presentation Skills



Refereeing



Warm up drills



Tournament management and implementation



Codes of behaviour 'fun', 'fair' and 'respect'



We did not teach them how to play football



CODES OF BEHAVIOUR FOR COACHES

I agree to -

Help children ENJOY the game

Reward children for their EFFORT to achieve

•Ensure the game is played FAIRLY and by the rules

Give everyone an EQUAL chance to join in

Coaches Recognition



FIFA



East Timor Football Federation



FIFA – A significant event



FIY program outcomes



Coach's expressed that participating in FIY:

- Enriched their experience to become a better coach
- Increased their capacity to teach children to play football
- Increased their leadership capacity
- Increased their skills that can be shared in the community

Coaches' comments

"Through football games we would know one another better and be friends. Regardless of where one is from, football games unite us all"

"Children are the important seeds of Timor Leste, even in football"

"I look forward to voluntarily applying what I have learned, I feel the need to share the experiences I have to others, for good."

"To play with joy, love and respect. We will use whatever we have learned to promote love, justice and respect"

FIY Coach 2

"I want to apply what I have learned to bring happiness to my community, to orient my community to a better future, that is what everyone in the community wants"

"I shall use these skills to create tranquility, peace and stability in the society"

"I want to apply what I have learned to bring happiness to my community"

"The experience of FIY so far is that the training and development of our coaches is the cornerstone of the development of the people of their communities"

Future in Youth

- A socially inclusive society maybe defined as one where all people feel valued, their differences are respected, and their basic needs are met so they can live in dignity (Cappo 2002).
- We hope that FIY, through the education of our coaches and our youth sports program, contributes to the continued growth of social inclusion for the community of Baucau.
- Link to video

References

- Cappo, D. (2002). Quoted in VicHealth Research Summary 2 Social inclusion as a determinant of mental health & wellbeing (January 2005)
- UNICEF. (2011). At a glance: Timor-Leste. Retrieved September 12, 2013, from http://www.unicef.org/infobycountry/ Timorleste _statistics.html1. Beutler, I. (2008). Sport serving development and peace: Achieving the goals of the United Nations through sport. *Sport in Society, 11*(4), 359-369. doi: 10.1080/17430430802019227
- United Nations. (2003). Resolution 58/5 Sport as a Means to Promote Education, Health, Development and Peace, Adopted by the General Assembly on 17 November 2003.
- UNDP. (2013). International Human Development Indicators, Country Profiles: Timor Leste. Retrieved December 5, 2013, from http://hdrstats.undp.org/en/countries/profiles/TLS.html
- Wikipeda.East Timor. Retrieved April 24,2015, from http://en.wikipedia.org/wiki/East_Timor